



Curriculum Overview 2022 - 2023

Physical Education

	Year 7	Year 8	Year 9	Year 10	Year 11
Half Term 1	Football Hockey Netball Rugby Trampolining	Football Netball Rugby Trampolining	Football Netball Rugby Trampolining	Students choose from: Badminton Football Hockey Netball Trampolining	Students choose from: Badminton Football Netball Table Tennis Trampolining
Half Term 2	Dance Hockey Lacrosse Trampolining Table Tennis Orienteering	Dance Hockey Lacrosse Trampolining Orienteering	Football Netball Table Tennis Trampolining Orienteering	Fitness Football Hockey Netball Table Tennis Trampolining	Ballroom Dancing
Half Term 3	Basketball Fitness Football Table Tennis	Basketball Fitness Football Table Tennis	Basketball Fitness Football Table Tennis	Basketball Fitness Football Netball Rugby	Dance Football Netball Table Tennis Volleyball
Half Term 4	Basketball Hockey Lacrosse Netball Table Tennis	Basketball Fitness Hockey Lacrosse Table Tennis	Basketball Fitness Hockey Lacrosse Table Tennis	Dance Hockey Football Table Tennis Volleyball	Basketball Hockey Fitness Football Netball
Half Term 5	Athletics (Track and Field) Cricket Long ball Rounders Tennis	Athletics (Track and Field) Cricket Long ball Rounders Softball Tennis	Athletics (Track and Field) Cricket Long ball Rounders Softball Tennis	Athletics Rounders Tennis Long ball /Soft ball Cricket	Athletics Rounders Tennis Long ball Soft ball Cricket
Half Term 6	Athletics (Track and Field) Cricket Long ball Rounders Tennis	Athletics (Track and Field) Cricket Long ball Rounders Softball Tennis	Athletics (Track and Field) Cricket Long ball Rounders Softball Tennis	Athletics (Track and Field) Cricket Long ball Rounders Softball Tennis	