



Curriculum Overview 2023 - 2024

Physical Education

	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn Term	Football Hockey Netball Rugby Trampolining Table Tennis Dance Orienteering Lacrosse	Football Hockey Netball Rugby Trampolining Table Tennis Dance Hockey Orienteering Lacrosse	Football Netball Rugby Trampolining Table Tennis Trampolining Orienteering	Students choose from: Badminton Football Hockey Netball Trampolining Fitness Table Tennis	Students choose from: Badminton Football Netball Table Tennis Trampolining
					Ballroom Dancing
Spring Term	Basketball Fitness Football Table Tennis Basketball Hockey Lacrosse Netball Table Tennis	Basketball Fitness Football Hockey Lacrosse Table Tennis	Basketball Fitness Football Table Tennis Dance Fitness Hockey Lacrosse	Basketball Fitness Football Netball Rugby Dance Hockey Table Tennis Volleyball	Dance Football Netball Table Tennis Volleyball Basketball Hockey Fitness
Summer Term	Athletics (Track and Field) Cricket Danish Long ball Rounders Tennis	Athletics (Track and Field) Cricket Danish Long ball Rounders Softball Tennis	Athletics (Track and Field) Cricket Danish Long ball Rounders Softball Tennis	Athletics (Track and Field) Cricket Danish Long ball Rounders Softball Tennis	Athletics (Track and Field) Cricket Danish Long ball Rounders Softball Tennis

Across the 3 terms each group will be on a different sport for their one or two lessons of the week, with students completing a 4–6-week block of the current sport.